

Bream Bay News

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OTP seawall underway

Work on the long awaited Pyle Road West seawall renewal has finally began On Monday July 5 the Australasian infrastructure provider company Ventia began the \$950,000 project under contract to the Whangarei District Council.

Project Manager Jason Nair said, "Ventia will replace an existing timber wall with a more durable and low maintenance option suitable for the coastal environment."

About 430m of existing timber seawall will be removed, a new rock revetment seawall will be constructed and the existing boat ramps - one at the end of Pyle Road West and another along the seawall - will be extended and refurbished. A pedestrian access ramp will be built onto the esplanade reserve from Pyle Road West Road, and two culverts will be upgraded.

Existing access points to the beach will be retained but during the construction period these will be closed 24/7. As work progresses access points may be opened. The project will open up the esplanade reserve above the seawall for walkers, creating an informal grass walkway along its length by removing any barriers such as fences and hedges. This grassed area will have improved access via a walking access ramp from the Pyle Road West end.

Mr. Nair said, "To reduce the environmental impact and the amount of beach occupied by the wall, there will be no footpath constructed along the top of the seawall."

He said reducing the size of the wall reduces the cost for both construction and long-term maintenance.

To comply with resource consent conditions the arborist company Treescape has subcontracted to monitor works around the roots of native trees, an archeologist will monitor work at some known archeological sites and Patuharakeke hapu will provide cultural monitoring throughout the project. The project is expected to be completed in November 2021.

Making a dash into the mid-winter sea



Forty-one swimmers, some in tartan themed costumes, braved the mid-winter sea temperature at Waipū Cove on Sunday 4 July for the Waipū Surf Lifesaving Club's annual mid-winter swim. Hot soup and showers were available at the surf lifesaving club house afterwards.

Winter in Waipū events continue this week with a talk on Matariki and Gardening by the Moon in the Waipū Presbyterian Church on Friday 9 July at 2pm and a Bike Challenge with ride the plank, rodeo ride and a slow riding contests in the Caledonian Park on Sunday 11 July from 9.30am - 12 noon.

Then on July 13 a Beer and Bangers event at the Waipū Pizza Barn featuring prize winning McLeod Brewery beer and Millers Meats' golden fork sausages. The Vet Centre Pets in Tartan parade will be held on Saturday 17 July- pets and their owners to assemble at 9.45am outside the Pizza Barn and on Sunday July 18 - a twilight walk along the Waipū Cycle/Walkway. Registration is at 5pm in the NSP carpark.

More Winter in Waipū pictures on page 6.



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Eczema



Although about five percent of the population suffer from atopic eczema, this chronic inflammatory skin condition has no known cure.

Atopic eczema commonly affects areas like the inner side of the elbows, knees, wrists and ankles and when exposed to aggravating factors, the condition will flare-up and the skin will become itchy, red and inflamed.

The exact cause of atopic eczema is unknown. It is thought to be an inherited condition and if you have a family history of eczema, you are more likely to develop the condition yourself. If you suffer from atopic eczema you are also more susceptible to other allergic conditions, such as asthma, hay fever and allergies to food or the environment. These conditions often co-exist and can be aggravated by allergens, stress, fatigue or changes in weather.

Symptoms of eczema are a skin rash that might be inflamed, swollen, itchy, red, flaky or dry. When skin is dry and cracked it is more susceptible to bacterial infections, so the skin may also appear weepy, oozing or bleeding.

There are several options for effectively managing this condition. Corticosteroids are commonly used to manage mild to moderate eczema, but it is important that you ask your community pharmacist about using corticosteroids effectively. You should always try to use the lowest effective strength and use as little as possible. Corticosteroids must be applied sparingly to the affected areas and only when needed as they thin the skin.

If you get eczema on your face, it is important that only mild corticosteroids are used, as the skin in this area is thinner and more prone to absorption and local side effects. Stronger corticosteroids may be used on other parts of the body and during severe flare-ups.

Other treatments include:

- Antibiotics for secondary infections..
- Products to manage itchiness.
- Fragrance free moisturisers are essential in the management of eczema. Try to use moisturisers frequently throughout the day (and especially after showering) to moisturise the skin, to stop the skin itching and to protect against allergens.
- Soap substitutes, like aqueous cream should be used instead of soap to keep the skin moisturised and minimise dryness.

Eczema is influenced by lifestyle factors so ask your community pharmacist about managing your eczema. Some people develop flare-ups when there are sudden changes in the weather, so where possible try to anticipate changes in weather (for example, during travel) and prepare yourself with effective treatments.

Stress can also trigger flare-ups so try to avoid or manage stress as best you can. Stress management involves changing the stressful situation, changing the reaction if the situation is unavoidable, practising better health care and making time for rest and relaxation. Getting enough sleep is also an important factor.

Also try to avoid known allergens, like dust mites, pollen and animals, and certain types of clothing, such as wool and synthetics. Some foods can also cause flare-ups - common food allergens include spicy foods, alcohol, food colouring, wheat, eggs, soy and peanut products.

Try to avoid long, hot baths and don't scratch if you develop itchy rashes. Seek advice from your community pharmacist if you skin appears infected

EDITORIAL

Celebrating Matariki

I meant to get up this morning to see the Matariki stars on the northeastern horizon but my bed was too comfortable and warm and it felt very cold outside the blankets. Maybe tomorrow.

When I did get up I went for a walk on the beach. The tide was way out. The wet sand was shining in the sunshine. I exchanged greetings with several fisher people - all of us commenting on how beautiful the morning was.

I have heard some grumbles from employers about the extra Matariki holiday, which from next year they will have to pay their employees on and I sympathise. It's hard enough to make ends meet in business and where would we be without those jobs and productive enterprise. Perhaps we should have replaced Queen's birthday weekend with the new Matariki holiday. I don't think the Queen's birthday means much to most New Zealanders. It's not her real birthday anyway. But it's harder, from a political perspective, to take a holiday away then to add in a new one.

Holiday or no holiday, I like this feeling of new beginnings and optimism that Matariki - the turn of the season brings. The days will soon start to get longer. There will be more time after work to spend in the garden before the light fades. I will start making plans for spring planting.

It makes sense in New Zealand to mark a new year at this time rather than on 1 January, after the summer solstice. The natural world around us lines up better with the Matariki date. Birds will soon begin their mating behaviour in preparation for nesting. Plants and animals will respond to the extra hours of daylight.

Mind you, I like to celebrate the Gregorian Calendar New Year on January 1 as well. It's a good family time with most of us taking a holiday from work. These days it takes me a week to recover from a late night so I don't stay up for the fireworks. I like to wake up on January 1 feeling completely alive.

Then there is the Chinese new year, which falls on the first day of the new moon between January 21 and February 20. This year it fell on 12 February and in 2022 it will be 1 February. I think the Chinese New Year festival is the most colourful of all. It lasts for 16 days from the eve to the 15th day after the new moon, which is the day of the Dragon Festival.

This year 2021 is the year of the ox. Babies born will be strong, independent and stubborn and, according to a Chinese New Year website I had a look at, it's a good year for "making order in family life. After all, if the family life is peaceful everything gets solved."

Aiming to work towards a peaceful, orderly family life could be a good New Year's resolution for all cultures at any time of the year. Perhaps we should all be making this resolve afresh at each of these three New Year dates.

Marilyn

THE BREAM BAY NEWS

is published by Bream Bay News Ltd.

Address : RD 2, Waipu

Phone : (09) 432 0209 Mobile : 027 432 0070

Editor : Marilyn Cox, Accounts : Susan McRae

Advertising design : and website maintenance Megan Lea

Printed by Horton Media

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COASTAL CONSTRUCTION PROJECTS

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Hold on a bit longer for upgraded Waipū toilets

The upgrade of the Waipū public toilets is almost complete. A new easy clean floor has been installed, the wall tiling is complete and the toilet roll holders are even in place but something is missing. Stainless steel toilet bowls, which have been ordered from Europe, are still in transit, held up by the international shipping backlog due to Covid 19 disruptions.

The Whangārei District Council has stipulated that stainless steel rather than porcelain is needed in these public facilities, as this is less subject to vandalism and damage.

Graham Boulton, who is overseeing the project for Waipū Business and Community Inc., said the upgrade was due to be finished at the end June and without the toilet bowl hold up this deadline would have been met. He is planning an official opening of the upgraded block and is hopeful this can take place in mid July.

In the meantime some portable toilets are available alongside the construction site

Hear about NZ Transport Agency plans for SH1 Whangārei to Wellsford

Jon Pheloung of the New Zealand Transport Agency – Waka Kotahi, will be guest speaker at the Waipū Residents and Ratepayers Annual General Meeting on Wednesday 28 July at 7pm at St Peter's Anglican Church in Nova Scotia Rd.

Mr. Pheloung has been invited to speak about proposed safety upgrades to the State Highway between Whangārei and Wellsford.

The 80km stretch of highway between Whangārei and Wellsford has long been classified as a high risk road. In the nine years from 2008 to 2017, 41 people were killed and another 122 were seriously injured on this stretch of road.

From the Waka Kotahi webpage on this project measures under consideration are: more of those side and median flexible barriers, wider centerlines, better signs and road markings and safer speeds.

Cove Rd culvert installation a complex operation



The engineer overseeing the installation of a new culvert and walking and cycling bridge at the entrance to Waipū Cove is excited about the complexity of the project.

Tim Johnson of Asset Construction said the sensitive location so close to the sea shore makes the job a "real cool challenge."

"We have to take a bit more care".

A dam has been constructed out of steel sheets to keep the water out when the tide comes in. Water is pumped out of the area they are excavating into a "turtles nest" a big fabric bag, where it is filtered to remove silt before flowing back into the stream.

Whenever they are de-watering an ecologist needs to be on site and any native animals they come across are relocated to a nearby stream and culvert so they go back into pretty much the same environment they were removed from.

An exciting find was an Australian long fin spotted eel. These eels which are occasional visitors here resemble the New Zealand long fin eel with dark splotches on their upper body. Both NZ long fin and short fin eels were also found in the stream along

with some giant bullies.

When excavation is in progress representative of local iwi are required to be present as observers. To date there have been no archeological finds which Mr. Johnson said is not surprising as the area has already been dug over when the roadway was put through.

There were however a large quantity of glass beer bottles, a few glass wine bottles and some sheep bones in the stream bed.

Mr. Johnson estimates, all going to plan, the job will take another three weeks to complete. Asked about the cost of this project and the cost of the hapu and ecological observers, Ann Midson a senior communications manager for the Whangārei District Council said, "The total cost for the project is \$171,000 which includes the costs of all services including the hapu representative and ecologist who are required under the Northland Regional Council Resource Consent.

She said these experts "provided supporting evidence in gaining the consent and must supervise the works as part of the conditions of the consent."

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LETTERS

Home made speed signs catching on and now also in One Tree Point

After seeing your story about Mr Shing Lum making speed signs to help slow the cars down in his neighborhood i thought i might do the same over at Plover St., One Tree Point

We have asked for signs to be put up at each end but the Council doesn't seem to be that interested as it's 50k in all suburbs.

As the speed limit is changing to 40k soon and cars frequently speed up Plover st 60-70+ ,we think they should put something there to slow traffic down.

A speed camera would have a field day.

*Phil Renouf
One Tree Point*



OTP Street lights left on again

For the second time in two weeks every streetlight in OTP is blazing pointlessly away in the middle of the day. I contacted Whangarei District Council who had their contractor (Currie Electrical) phone me. They were unsure if it was a problem for them (The WDC designated contractor) or NorthPower. They offered that they may have to "send someone down". The amount of electricity wasted through this must be significant.

Surely in this day and age turning streetlights on and off could be handled by some automated system? Similarly, does not an icon on someone's screen illuminate to advise that this situation is occurring? This really is almost unbelievably amateurish – cannot WDC keep better oversight on their contractors? We

lived in Auckland for thirty years and never once had this problem.

As I type this Currie Electrical have emailed me to say that it was a NorthPower fault – "a problem with their ripple relay". Again, really?

Thank you for the piece about our long awaited Four Square at the marina. Four large containers have arrived and there appears to be shop fittings loaded into the store space. A question begging an answer is why Marsden Maritime and Foodstuffs didn't bother with a sign or a display ad in your publication to advise about the six-month delay? Marketing 101?

*Ian Todd
One Tree Point*

Letters to the Editor are very welcome

Email them to: breambaynews@xtra.co.nz , Drop them off at the Waipu or Ruakaka Lotto shops

Or post them to: The Bream Bay News, 547 Mountfield Rd. , RD2 Waipu, Postcode 0582

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Northland Schools motocross Championships at Ruakākā



Eight-year-old Sebastian Blomfield in action at the Northland Primary School's Motocross Challenge held on Saturday 3 July in Ruakākā

The roar of bike engines coming from Lakeside Industrial Park on Friday 2 July and Saturday 3 July came from the machines of young riders competing in the Northland Schools Motorcross Challenge at the Whangarei Motorcycle Club's Ruakākā track. The secondary schools competition was held on Friday with primary school riders taking their turn on Saturday.

Riverwalk construction begins in earnest

The Waipū River Walk construction has begun in earnest with Connon Gardiner of Waipū Earthmovers forming the pathway and laying metal along the first section from the Waihoi Park. Connon is doing this work at what Peter Blanch of the Waipū River Walk group described as at "mates' rates".

Volunteers from the group had previously cleared away vegetation at several working bees and Mark O'Donnell brought along his stump grinder to take out the remains of privet trees felled by the volunteers. Northpine has donated

fencing material, ITM has provided additional fencing supplies at cost as well as transporting all the timber needed at no charge and Mountfield Quarries is supplying the metal.

Further construction work is needed before the trail is officially open to the public which is expected to take place in mid December

The Waipū River Walk is being created under the Whangārei District Council's Community Led Projects scheme, which offers communities around



Peter Blanch of the Waipū River Walk committee and Connon Gardiner of Waipū Earthmovers at work on the new trail

the district the sum of \$100,000 to carry out a chosen project.

The river walk will run along the bank of the Waihoi River from the Waihoi Park to Nova Scotia Drive with walkers able to follow the road back into Waipū town and then back through *The Centre* to the park. At the request of residents of Nova Scotia Estate the eastern end of the trail will remain as a grassed pathway.



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Talking about rabbit control in the Ruakākā Scenic Reserve

Department of Conservation Whangarei Office notification of rabbit control in Ruakākā Scenic Reserve.

Consultation

The purpose of this consultation is to inform affected parties of the planned rabbit control operation, discuss associated risks and maintain an open line of communication with community.

What has been decided so far

Pindone will be hand-layed in cereal pellet form on the Ruakākā Scenic Reserve.

Pindone is registered for rabbit control. The cereal bait has been proven to be very tasty to feral rabbits. The pellets are dyed green and are not attractive to birds. Pindone is cost-effective, and safer than other poisons when used on rabbits. Rodents may also take Pindone pellets, which will result in additional rat control.

Timeframe

Pindone will be applied annually in winter from July 2021-June 2026. Dates will be confirmed closer to the operation time. DOC will contact all adjoining property owners 24hrs prior to the operation. Warning signs will also be placed at key access points to the refuge.

Have your say

For any further details or questions please contact:
Bream Bay Coastal Care Trust 09 432 0208

Why we are controlling rabbits?

Currently extensive damage is being done by rabbits to sand dunes and the habitat of our native shore birds, in particular that of the NZ fairy tern. The long-term goal to increase the number of fairy tern and native shore birds could be negatively influenced by the habitat destruction caused by rabbits.

The volume of rabbits also encourages predators into the nesting habitats that can easily switch prey from rabbits to shorebird eggs, chicks and adults.

Key facts

The pesticide is poisonous to humans and domestic animals. Poisoning symptoms take some time to appear so apparently healthy animals may contain poison.

Poisoning can occur through eating baits or poisoned animals. Pindone is a slow acting anticoagulant that needs to be consumed over several days to be effective. Rabbits may remain active in the treated area for four to five days after taking Pindone, so apparently healthy animals may contain poison.

- DO NOT handle any bait
- DO NOT allow CHILDREN to wander un-supervised
- DOGS are PROHIBITED within the Refuge
- DO NOT take ANIMALS for eating

The presence of warning signs indicates that pesticide residues may still be present in baits or animals so ensure these rules are observed. The removal of signs will tell you that you can resume normal activities in the area.

If you are in doubt, please contact the Whangarei Area Office, 09 470 3300

Published by
Department of Conservation
Te Papa Atawhai
Whangarei Office

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Pesticide Treatment Area



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Winter in Waipū off to a rollicking start



Constables Martin Geddes and Dean Gillingham warn Stuart Finlayson, with the silver curls, that he can't display his "lily white, hairy legs" in public. While Scotsman John Finlayson who has opted, this year, for trousers looks on approvingly.

Winter in Waipū celebrations got off to a rollicking start on Thursday 1 July with the raucous antics of some wild Scottish Highlanders, a couple of police officers and Neil Troost as a splendidly dressed town crier.

The now traditional street theatre performed in front of appreciative Waipū Primary School children tells the same story with this year with some witty embellishments and costumes provided by Jill Mutch and some jokes enjoyed by the children thrown in by Constable Martin Geddes. The action takes us back to Scotland in 1772. The Highlanders are being harassed by the Police for wearing their kilts and drinking whisky until the hero of the hour Peter Blanch dressed as another highlander strides in to proclaim that the The Act of Proscription, which had been in place since 1747 after the Jacobite rebellion of 1745, is repealed and the kilt and wearing of tartans is allowed in Scotland once again.

The street theatre was followed by performances by Waipū Primary's senior and junior kapahaka groups.



Pam Crawley presents barman Mike Guest with the prize for best dressed man at the Ruakākā Races Northpine Waipū Cup day held on Saturday 3 July.

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POLICE REPORT



Mazda Demio owners beware

There has been a spate of car thefts from One Tree Point with the thief or thieves targeting Mazda Demio cars. Overnight on July 1st and 2nd two Mazda Demio cars were stolen from One Tree Point. One of these has been found dumped in Kamo while the second is still missing. A fourth stolen vehicle was dumped in One Tree Point.

Two other vehicles have been reported as stolen from One Tree Point at around the same time.

Apparently a challenge has been launched on Tik Tok to see how many Demios an individual thief can steal in one night.

Sergeant Simon Craig warns people who own Mazda Demios to be "very serious" about their vehicles' security.

Burglaries

- On 19 June a home in the One Tree Point area had one of its windows broken. It appears however that the would-be burglar did not gain entry.
- On 23 -25 June a milking shed in the One Tree Point area was broken into and a number of small items, along with some fuel, were stolen.

Waipū man disqualified from driving

At 8pm on 18 June a vehicle was stopped on State Highway One near Mata when Police noticed it had no taillights. The driver was breath tested and returned a reading of 554 micrograms of alcohol per litre of breath more than twice over the legal limit of 250 micrograms for drivers aged 20 and over. A 30-year-old Waipū man appeared in the Whangarei District Court on 30 June and was convicted of drink driving. He has been disqualified from driving for seven months.

A Swap and Shop event is being held at the Bream Bay Community Trust this Saturday 10 July from 9am to 12 noon – the first day of the school holidays. People are invited to bring along clean clothes or linen in good condition that they no longer need and, in exchange, pick up items they like the look of. If you don't have anything in the clothes or linen line to exchange you can bring along an item of canned food to go on the trust's free food stall but this is not compulsory. Clothes for toddlers, children and both men and women have already been brought in. Tea and coffee will be provided.

Police road safety campaign focus on safety belts and cell phones

Throughout the month of July Police are conducting a road safety campaign, in particular checking that restraints such as safety belts and secure car seats for small children are being used and that distractions such as cell phones are not being used while driving. Sergeant Craig said there have been too many fatal accidents over the past few months.

Safety belt saves driver from injuries

At around 9.30am on 19 June a car flipped upside down near Yovich Rd on State Highway One. The driver lost control when one of the car's tyres blew out. No injuries were sustained which Sergeant Craig attributes to the driver wearing a seatbelt.

More than two times over drink driving limit at 11am

On 10 June at 11am in the morning a man was stopped by Police while driving over the Brynderwyns. He returned a breath alcohol reading of 650 micrograms of alcohol per litre of breath and will be appearing in the

Nine family harm incidents

Bream Bay Police attended nine family harm incidents in the two weeks 18 June to 2 July. Only one of these incidents was in the Ruakākā area. The remainder were in Waipū and Maungaturoto.



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Red strips on the road

The red strips painted on roads around Bream Bay are part of speed limit changes for urban areas about to come into play.

An explanation from the Whangārei District Council's roading department is "The red strip is a coloured surface accompanied with speed limit signs at the entrance to an urban or built-up area. It is used to provide more visual emphasis to traffic approaching urban areas to encourage compliance to reduced speed limits."

The new limits in urban Waipū, Ruakākā, One Tree Point and Vinegar Hill will come into force on 1 August. Three red strips have or are about to be



painted on Marsden Point Rd., one on Marsden Bay Drive, One on One Tree Point Rd., one on Shoemaker Rd. and one on Nova Scotia Drive

Just some tinkering around the edges for Bream Bay Ward

Apart from some tinkering at its northern boundary the Bream Bay Ward of the will remain pretty much as it is if the Whangārei District Council's draft proposal for its representative structure remains as is after public submissions are collected until 30 July and then heard on 16-17 August.

Despite the establishment of a district wide Maori Ward which will elect two councilors across the district, Bream Bay will retain its two Council representatives. The changes to the boundary are the inclusion of Toe Toe Road at the southern end of the city into the Bream Bay Ward while the southern part of Cemetery Rd. North of State Highway 15 which is currently part of the Bream Bay Ward will move into the Mangakahia-Maungatāpere Ward. The reason for these changes is explained as "this complies with the requirements for fair representation under the Local Electoral Act 2001." With these changes Bream Bay will have an electoral

population of 13,300 or 6,650 per councilor, which is a lower ratio than in any of the other wards.

Despite more than half the respondents in a Council survey about the representative review saying they would like to see the introduction of community boards the Council's proposal is not to introduce this extra layer of governance. "The community is effectively represented by councillors elected from the ward they represent. The establishment of community boards would mean a cost to the ratepayer for the remuneration of community board members, and additional costs for support and governance of community boards which would be ratepayer funded."

The full Whangārei District Council Representative Review 2021 document along with a submission form is available on the Council website. Submissions close at 5pm on 30 July.

Princes Rd. seawall still under construction

Princes Rd. resident Simon Ellison raised concerns last week that the rocks forming the new seawall at Princes Rd are loose and will move and potentially injure anyone who attempts to climb over them.

In reply project engineer Vanessa Martinovich said the seawall is still under construction and the rock spalls

will be shuffled into place so that they interlock more and move less.

She said, "After final positioning some movement is still expected, and I recommend that anyone accessing the beach uses the access ramp or one of the two stairways provided."

waipu@golf.co.nz or by phoning 432 0259. Unaffiliated golfers are welcome and clubs and carts are available. There will be prizes for the best tartan costumes and roast dinner available from 6pm.

Tartan Golf

The Waipū Golf Club is holding a 9 hole Tartan Ambrose competition as part of the Winter in Waipū celebrations. Teams of four are invited to register for this event, which will be played on 25 July from 2pm. Entry fee per team is \$40 and you can book a tee time at



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Toy Library - Julie Malone - 432 0388
Church Hall Hire - Cally James 432 0534
Family Welfare & Foodbank:
 Co-ordinator - Helen Matheson - 432 0239
Budgeting Advice - Bruce Matheson - 432 0239
The Crossroads Trust (financial support) Peter Couper - 432 0524 or email lynettejones@xtra.co.nz

Sunday Services

Ruakaka - Camellia Ave - 8.45am
Waipū - 50 The Centre - 10.15am

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Our Northland – Tō Tātou Taitokerau

Stories and updates on the great work happening around the region to help our environment, economy and people thrive. Brought to you by Northland Regional Council.

Little paws make big impression

Kauri dieback education in Te Taitokerau schools just got a whole lot cuter with Oi the dog on the job.

After joining Northland Regional Council, biosecurity officer Stella Kake-Schmidt saw an opportunity to bring more kauri dieback education into the classroom, to inspire the next generation to become kaitiaki of these magnificent taonga.

"My dog Oi and I had done a fair bit of work in schools before I joined the regional council, particularly around kiwi and dogs, so I felt like we could develop something similar around kauri dieback," says Stella.

The council works with schools and early education providers across the region through the Enviroschools programme, and kauri dieback education is a natural fit with the programme's living landscapes theme area, says Education Manager Susan Karels.

"The Enviroschools kaupapa is all about learning and taking action to care for our world, and Stella and Oi's workshop is an exciting extension of the mahi council's kauri dieback team has previously carried out with schools."

Since May, Stella and Oi have visited 19 schools with the kauri dieback education programme, reaching around 775 students.

Kauri dieback is a deadly, fungus-like disease that can kill kauri trees of any age. Spores in the soil infect kauri roots and damage the tissues that carry nutrients within the tree. With no known cure, preventing the spread of infected



Te Hauata Rapama, 10 and Jade Oxley, 11, hold up the mat Stella and Oi the dog (right) use to illustrate how even little paws can spread infected soil

soil is critical to the future of our kauri.

During Stella and Oi's two-hour interactive workshop students learn about kauri trees, how the kauri dieback pathogen works and what we can all do to protect the kauri in our forests.

"It's about trying to activate that kaitiakitanga that everyone has inside them, getting students thinking about their own connection with these incredible trees and how our actions impact them," says Stella.

Oi makes his appearance to illustrate how even little paws like his can spread infected soil – a pinhead of soil is enough to spread the disease.

"We talk with the tamariki about thinking of a forest like a house – you wouldn't go into someone's

house with dirty shoes, and we need to have the same respect and care for our ngahere," says Stella.

"Scrub, check, spray so you arrive clean and leave clean when you're in Northland's kauri forests."

Enviroschools facilitators have helped link the kauri dieback workshops into the school curriculum through learning areas like the nature of science, the living world, place and environment, and continuity and change.

"Having that integration into the curriculum helps ensure the learning around kauri dieback is embedded and continues to grow long after Oi and I have visited."

Environmental champions celebrated

More than 200 people turned out to celebrate this year's Whakamānawa ā Taiao - Environmental Awards. Held in late May, the event recognises kaitiakitanga in action in Te Taitokerau.

The 47 entries highlighted the commitment and remarkable actions of so many people across Northland to help our environment thrive.

Experiencing Marine Reserves – Mountains to Sea Conservation Trust took out top honours on the night. Congratulations to all the entrants for your inspiring work! To find out more about the winners, visit www.nrc.govt.nz/environmentalawards



NZ Sustainable Farming Ltd won the 'Environmental action in industry' category

Marine biosecurity and microplastic research

In late June, Whangārei was visited by 15 seafaring scientists on board the S/V Manawanui. The crew were on a 14-day expedition between Tāmaki Makaurau/Auckland and Ōpua to look at the impact of microplastic pollution on our marine environment and the ecosystem-based industries they support.

The expedition, organised by non-profit Blue Cradle and several research institutions, included a stop at Marsden Cove for an educational workshop organised with council. Around 100 students boarded the vessel to learn about microplastics impact on our ocean.



Growing great local science



Removing grass carp from Lake Swan – Rachel Drysdale (left) with Northland Regional Council environmental monitoring officer Scott Lyon.

Searching for rare frogs using e-DNA, shorebird surveys, and removing grass carp from a Far North dune lake are just some of the experiences Whangarei Girls' High School science teacher Rachel Drysdale has had as she's delved into the world of regional council science.

Rachel has spent the last six months with Northland Regional Council's biodiversity team, as part of the prestigious Science Teaching and Leadership Programme through the Royal Society Te Apārangi.

"Our head of science, Suzie Scourfield, and I embarked on this programme to ensure our science curriculum is anchored back to our place and community – Northland has a unique environment with many taonga," says Rachel.

"We want to empower our students to be scientifically literate in an ever-changing world and to be curious and engaged with what's around them. We also want to ensure our curriculum gives mana ōrite to Mātauranga Māori."

Rachel's placement at council has seen her spend time with many different people and projects, getting involved in shorebird surveys, estuarine species surveys, kauri dieback sampling, dune protection, freshwater pest fish

control, wetland monitoring, community and school education events and more.

"No two days have been the same, and everyone has been so welcoming and inclusive in allowing me to be part of their field work."

Building community connections has been an incredibly valuable part of the experience, says Rachel.

"As well as looking at the key skills scientists use in real-world contexts, it's about seeing where our girls can take ownership of projects and contribute to their local environment in really meaningful ways through citizen science."

As part of council's Enviroschools programme, Whangarei Girls' High School already had a strong relationship with council, which has been strengthened by the new connections Rachel has made across the organisation.

Rachel will head back into the classroom next term, though the Science Teaching and Leadership Programme continues for a further 12 months.

"That's when the rubber hits the road – we take all of these incredible learnings and look at how we can apply that to our curriculum, grow scientific literacy with our students and inspire great science in our kura and our community."

Weed workshops a winner

Our free annual workshops offering Northlanders tips on how to tackle some of the worst weeds threatening our region have proven popular once again. Nearly 100 people came along to hear from pest plant experts at the winter workshops last week in Dargaville, Kerikeri, Coopers Beach and Whangārei. If you missed out, check out our pest control hub for advice! www.nrc.govt.nz/pestcontrolhub



Youth set their sights on saving lives



During May, 15 teenagers gathered in Mangawhai to participate in the national Youth in Emergency Services (YES) programme. YES is designed to strengthen the connection between youth and the community through engagement with emergency services.

Throughout the fun yet challenging experience, the teens developed a variety of skills, including first aid, land- and water-based rescue, firefighting and teamwork.

A graduation ceremony took place in early June, with participants offered the opportunity to volunteer with the emergency service of their choice.



Dune planting season kicks off

Planting season has begun for CoastCare groups around the region, who are working hard to protect and restore our precious sand dunes around Te Taitokerau.

Not only are these dunes home to precious native plants and creatures, they help protect against coastal hazards and erosion.

Keen to help out? Contact our CoastCare Coordinator to find a group near you. coastcare@nrc.govt.nz



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THE NEXT PUBLICATION DATE

of the Bream Bay News will be Thursday 14 July
The deadline for all copy is 4pm on
Wednesday 22 July

Finding ways to keep dog poo off the beach



Ruakākā School's champion Eco Heroes and their prize, with Sara Kulins from the Sir Peter Blake Marine Education and Recreation Centre (Seaweek organisers), Grant Alsop of Whangarei District Council and prize sponsor Stormwater 360 representative Wynand Du Toit.

Finding ways to keep dog poo off their local beach proved a winning challenge for Ruakaka Primary School's Eco Heroes group.

The group of 22 year 4-6 students won the Group Ocean Champions title in this year's national Seaweek Ocean Champions Challenge with a video submission that organisers described as "a real standout".

In a student-led inquiry guided by teachers Michelle Parsons-Sim and Di Moorhead, the group first brainstormed which marine environment issue to choose, voted for their favourite, then created solutions. Sara Kulins from the Sir Peter Blake Marine Education and Recreation Centre (MERC) which coordinates Seaweek activities says she was impressed with how the students worked out amongst themselves what they wanted to do. "Their inquiry process and brainstorming was really special."

Michelle Parsons-Sim says their first idea was ridding the beach of buried glass but the difficulties in tackling that issue took them back to the drawing board. They also considered extending the bird reserve, but a final vote saw the doggy do issue come out on top as a community problem they could solve.

The self-named Ruakaka Eco Heroes researched and designed dog poo bag dispensers, and then approached Grant Alsop at Whangarei District Council to ask about installing dog poo bins at Ruakaka Beach. But there was a problem. "We've trialled them in the past and it hasn't worked," Grant says.

The council removed rubbish bins from the beach several years ago to encourage people to take their

waste with them. When purpose-built dog bins were installed, people piled up bags of rubbish by the bins. "The ratepayers association asked us to take them away, as it wasn't working." Keen to encourage the students' idea to keep their beach clean, he suggested they work on educational posters encouraging dog owners to do the right thing.

"Once I get the posters, I'll get them to the printers and then the Eco Heroes will tell me where they want them put up." The posters bear slogans like "There's no Poo Fairy", "Children Play Here", "Scoop the Poop", "Your Dog Your Job", Bag It Tie It Bin It".

Michelle says the timeframe for the group's competition entry was tight. They formed the group and pulled their video together in one-hour sessions over six weeks. Students volunteered to be part of the group. "It's made up of kids passionate about the environment, who wanted to be part of this," says Michelle.

"We live so close to the sea and it's very significant to us," says Michelle. "I'm very proud of them all."

Competition organisers, sponsor Wynand Du Toit from Stormwater 360 and Grant Alsop visited the school last week for the presentation of the Eco Heroes winner's certificate and prizes, including a "Litta Trap" from Stormwater 360. This device sits in a catchpit and traps plastics or litter, preventing trash from entering the waterway and heading to the sea. The trap can easily be emptied and any rubbish caught in it sorted into recyclables, compost or trash. The group will monitor it in a drain in the school grounds.

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Lots of dress ups at Waipū Croquet



Waipū Croquet Club members in pink for the club's Breast Cancer Pink Tournament fundraiser.

There is a lot of dressing up going on at the Waipū Croquet Club. After being rained off a few times the Breast Cancer Pink Tournament was held last week, raising over \$750 for the campaign. Last Tuesday members were donning their tartan for the club's annual Winter in Waipū Tartan Tournament and then they will all get into period costume for a special morning tea at the club's 100 year celebration on Saturday 2 August.

FRIDAY 30 JULY

fundraising
DINNER

Celtic Barn, Waipū
DOORS OPEN 6PM

with
Guest Speaker - Eric Rush

and
MC - Jenni Carr

All proceeds will go to the Boulton family to assist Janine and Evie whilst Janine is undergoing extended cancer treatment in Auckland

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Nau mai, Haere mai! <i>All welcome!</i></p>			<p>1 </p> <p>Tartan Day Caledonian Park from 10:30am <small>Scottish Street Theatre and Waipū Primary Kapa Haka</small></p>	<p>2</p>	<p>3 </p> <p>Northpine cup Raceday Whangarei Racing Club, Ruakaka from 11am</p>	<p>4 </p> <p>Mid winter swim Waipū Surf Life Saving Club from 12:00pm midday <small>Take the Plunge or sponsor someone else to!</small></p>
<p>5</p>	<p>6 </p> <p>Waipū School Senior Speech Finals Waipū Primary School hall from 7:00pm</p>	<p>7</p>	<p>8</p>	<p>9 </p> <p>Matariki. Gardening by the Moon Waipū Presbyterian Hall from 2:00pm</p>	<p>10</p>	<p>11 </p> <p>On ya Bike Caledonian Park from 9:30am - 12:00pm <small>Fun for all ages</small></p>
<p>12</p>	<p>13 </p> <p>Beer n Bangers Pizza Barn from 6:00pm <small>Tickets available from Millers Meats</small></p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17 </p> <p>Vet Centre Pet Parade The Centre, Waipū from 10:00am <small>Pipes n pets to assemble 9.45am outside Pizza Barn</small></p>	<p>18 </p> <p>Tartan twilight Walk Waipū Walkway from 5:00pm <small>Meet at NSP to register</small></p>
<p>19 </p> <p>Waipū Scottish Country Dance Club with Twisty Willow Coronation Hall from 7:00pm</p>	<p>20</p>	<p>21</p>	<p>22 </p> <p>Cafe Reo Pizza Barn 6:00pm - 7:30pm <small>Prize for best tartan dress</small></p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>The Great Debate Foyer of the Celtic Barn 7:00-9:00pm</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	

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MARSDEN POINT TIDES

	AM		PM	
Thu 8 July	6.07	2.3	6.46	2.5
Fri 9 July	6.53	2.4	7.28	2.5
Sat 10 July	7.37	2.4	8.09	2.5
Sun 11 July	8.20	2.4	8.49	2.6
Mon 12 July	9.03	2.5	9.30	2.5
Tue 13 July	9.46	2.5	10.12	2.6
Wed 14 July	10.30	2.5	10.55	2.6
Thu 15 July	11.16	2.5	11.40	2.6
Fri 16 July	~	~	12.04	2.5
Sat 17 July	12.27	2.6	12.56	2.5
Sun 18 July	1.17	2.6	1.52	2.5
Mon 19 July	2.11	2.6	2.52	2.5
Tue 20 July	3.09	2.6	3.56	2.5
Wed 21 July	4.09	2.5	4.58	2.6
Thu 22 July	5.11	2.6	5.58	2.7
Fri 24 July	6.13	2.6	6.55	2.8

Senior league home game at Takahiwai this Saturday



Takahiwai and Manurewa players thank their supporters after last week's game

Takahiwai League will host the Waiheke Rams league team this Saturday 11 July at Takahiwai.

Club secretary Juanita Hool said, "We are excited to be having a home game which allows us to bring senior football back to the community!"

Everyone is welcome to come along and support, with a sausage sizzle available throughout the day. Club and bar facilities will be open from 4pm.

The game will kick off at 2.30pm.

Takahiwai returned to winning form last Saturday 3 July, Saturday, beating Manurewa Marlins, at Ma-

nurewa, 34-26.

Juanita said this was, "Another physical contest that was tied up at 22-22 all heading into the final quarter. The Warriors were able to consolidate their efforts and take the win with a further 2 tries to 1."

The Takahiwai Warriors are travelling to Auckland most weekends to play in the Auckland Rugby League Ray Cranch Premier Championship this season as there is no New Zealand Rugby League aligned competition in Northland this year.

Bream Bay Garden Maintenance

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Bream Bay Classic this weekend at Waipū Golf Club

The 36th Bream Bay Classic Golf Tournament will be held on 10 and 11 July at the Waipū Golf Club.

The tournament is played in three divisions: an Open Division for players with a maximum 7 handicap, a Masters 40 Plus Division with a maximum 9 handicap and a Ladies Division with a maxi-

mum 9 handicap.

The tournament is a trial for the Northland Golf team so draws some of the best Northland players.

Members of the public are welcome to come and watch the play and to have lunch at the golf club's café. Play will begin at around 8am on both days.

WHAT'S ON IN BREAM BAY

- **RUAKAKA RACING.** Saturday 17 July ITM/GIB Whangarei Gold Cup.
- **THE WAIPŪ SUNDAY MARKET** next on Sunday 11 July. 9am - 1pm in the Coronation Hall
- **THE MARSDEN COVE MARKET** Next on Sunday 18 July from 9am - 1pm. In the big marquee at Marsden Cove
- **OTP ARTISAN MARKET** One Tree Point School and Hall. Sunday 18 July 9am - 1pm. Proceeds to the Whangarei Hospital Children's Ward.
- **FUNDRAISING DINNER** With guest speaker Eric Rush and MC Jenni Carr. In the Wapū Celtic Barn Friday 30 July. Tickets \$60 from Waipū real Estate. Proceeds to the Boul family to assist Janine and Evie while Janine undergoes cancer treatment in Auckland.
- **WAIPŪ LIONS SENIOR CITIZENS LUNCH.** Saturday 7 August from 12 noon. Please RSVP to Sharon Carroll on 027 265 3227 for catering numbers
- **WAIPŪ MUSEUM** 36, The Centre, Waipu. Open seven days 10am - 4pm
- **KAURI MUSEUM.** Open daily 9am - 5pm. 5 Church St. Matakoho. Current exhibition Portraits of Our People. An exhibition of portraits from the past, the present and the future, featuring Kaipara residents, made by Kaipara people. www.kaurimuseum.com

See pages 13 for Winter in Waipū events

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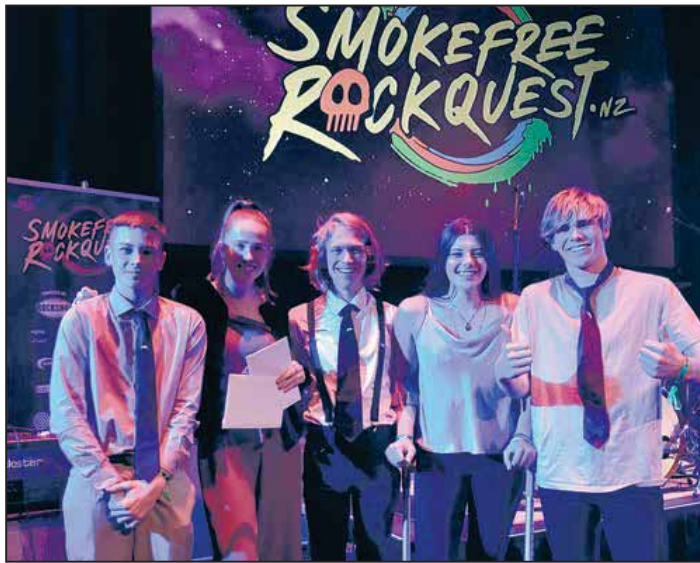
Lounge available for hire - up to 100 people
Meeting room for hire - up to 15 people
For events kitchen facility available

Activities at the Ruakaka Recreation Centre

Activity	Day and Time	Cost	Contact
Bream Bay Music&Play	Tuesday 9.30am to 11.30am	gold coin	Deirdre 0211761760
Light Circuit Fitness class	Monday 10am to 11am		\$3 AnnMarie 0211893115
Light Circuit Fitness class	Wednesday 11am to 12pm		\$3 AnnMarie 0211893115
Tai Chi	Monday 11am to 12pm		\$2 Annette 4327897
Yoga	Monday 5.30pm to 6.30pm	\$18 drop in \$70 for 6 cl.	Easter 02041365367
Zumba Gold	Tuesday 8am to 8.45 am		\$5 Roz nzhoumba@gmail.com
Zumba Gold	Thursday 9.30am to 10.15am starts 15 April 2021		\$5 Roz nzhoumba@gmail.com
Aerial Yoga	Tuesday 6.30pm to 7.30pm booking essential		\$18 Barbara 0212988840
Stretching classes	Thursdays 11am to 12pm		\$6 Lu 4328941
60's up	4th Friday of month 10am to 4pm	\$12 annually fee	Joy 021491887
Music club	1st Monday of month 7pm to 10pm		\$2 Holly 021 842 060
Squash casual	Weekdays booking essential 8am to 1pm	\$5 ph	Rec Centre 4327962
Karate	Thursday 4pm to 7pm		Jürgen 0211256048
Pilates	Tuesday 5.15pm to 6.15pm booking essential	\$12 concession (10x)	Barbara 0212988840
Pilates	Thursday 8am to 9am booking essential	\$12 concession (10x)	Barbara 0212988840
Zumba	Monday 8.45am to 9.45am		\$7 Janine 021437840
Zumba	Wednesday 5.40pm to 6.40pm		\$7 Janine 021437840
Zumba	Friday 4.40pm to 5.40pm		\$7 Janine 021437840
Cardio Drumming	Friday 9am-10am		\$10 Nadya 027860334
casual gym	Monday to Friday 8am to 2pm	\$2 per day	Christine 4327962
casual Squash	Monday to Friday 8am to 1pm	\$5 per hour	Christine 4327962

We are also home to Bream Bay Squash club and Bream Bay United Association Football club

Bream Bay College band wins northern region Rockquest



Lilac Purple Day band members are from the left: Morgan Cohen Webb, Mirabella Uphof, Jackson Howie, Skye Upton and Ryan Andrews

Bream Bay College has had another success at Rockquest. The College band "Lilac Purple Day" won first prize in the Northland regional Rockquest competition held in Forum North on Wednesday 23 June.

The band also won the People's Choice Award.

The band members were required to compose two original songs for this competition. They now have just two more weeks to compose two more songs to enter the national round of the competition.

Smokefreerockquest aims to motivate young musicians to prove their ability and realise the heights they can reach in their music careers, and to encourage their peers to support original New Zealand music.

BREAM BAY Link

Operates every Thursday from 1st August 2019

MORNING

9.00am	Departs	Kaiwaka Kaiwaka Hall
9.15am	Departs	Mangawhai Village Village Shops Bus Stop (by restrooms)
9.20am	Departs	Mangawhai Heads I-Site
9.35am	Departs	Lings Beach Corner of Wairahi and Cove Roads
9.40am	Departs	Waipu Cove Beach Car park
9.50am	Departs	Waipu Monument Bus stop
10.10am	Departs	Ruakākā Peter Snell Road (opposite Takutai Place)
10.50am	Arrives	Whangārei Rose Street Bus Terminus

*For travel within Whangārei see CityLink Whangārei timetable
www.citylinkwhangarei.co.nz
or get your timetable from the Rose Street office.

AFTERNOON

3.00pm	Departs	Whangārei Rose Street Bus Terminus
3.40pm	Departs	Ruakākā Peter Snell Road (opposite Takutai Place)
4.00pm	Departs	Waipu Monument Bus stop
4.10pm	Departs	Waipu Cove Beach Car park
4.15pm	Departs	Lings Beach Corner of Wairahi and Cove Roads
4.30pm	Departs	Mangawhai Heads I-Site
4.35pm	Departs	Mangawhai Village Village Shops Bus Stop (by restrooms)
4.50pm	Arrives	Kaiwaka Kaiwaka Hall



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Ruakākā	\$5.00	\$7.00

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Molesworth Road,
Mangawhai Heads Road, Cove Road,
The Centre Waipu, Nova Scotia Drive,
SH1, Marsden Point Road,
Peter Snell Road, Marsden Point Road,
SH15A, SH1, Otaka Road,
Maunu Road, Walton Street,
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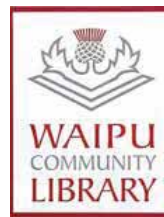
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of the Bream Bay News will be Thursday 22 July

The deadline for all copy is 4pm on

Wednesday 14 July

VOLUNTEERS NEEDED**Bream Bay Community Patrol**

*Working with the Police to reduce
crime in the Bream Bay area.*

To inquire about joining,
contact Senior Constable Martin Geddes
Waipu Police Station - 432 4030



PUBLIC NOTICES

BREAM BAY
COASTAL CARE TRUST

Annual General Meeting

Sunday 18 July at 2pm

Upstairs at the Ruakaka Recreation
CentreGuest speaker a representative of the
Patuharakeke Taiao UnitAll welcome
Afternoon tea after the meeting

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AT MILLERS MEATS
BYO container for plastic
free July, and grab some
glass bottle milk too!
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out that plastic container
cupboard that always has
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#reducereuserecycle
#plasticfreejulyBream Bay Medical Centre Ltd.
Ruakaka Town Centre, RuakakaMonday - Friday: 8.30am - 5pm
Saturdays: 9am - 12pmMarsden Cove Medical Centre
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WAIPU RESIDENTS AND RATE PAYERS
ASSOCIATION

ANNUAL GENERAL MEETING

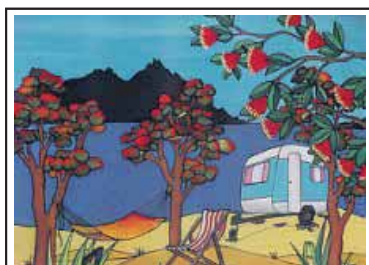
With guest speaker Jon Pheloung
of Waka Kotahi - The NZ Transport Agency
On safety improvements planned for State High-
way One between Whangarei and Wellsford
Wednesday 28 July at 7pm
in St Peters Waipū Anglican Church
Nova Scotia Drive, Waipu
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MARKETSunday 18 July
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Marsden Cove Marina

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LIAISON COMMITTEE

This committee meets periodically to review the en-
vironmental performance of the Northpine timber
manufacturing plant in Waipu, in consultation with
representatives of the local councils. Any Waipu
resident with concerns about the environmental ef-
fects of the Northpine plant should notify the North-
pine office (432 1155). Concerns will be recorded,
considered and subsequently reviewed by the liaison
committee. The Independent chairperson of the li-
aison committee is Steve Goldthorpe 0274 849 764.

PUBLIC MEETING WITH HONORABLE
EMILY HENDERSEN
MP for Whangarei

To hear what the Govt. is planning in transport
solutions for our region.
Saturday 24th July 4pm

Swap and Shop at Bream
Bay Community Trust.

A Swap and Shop event is being held at the
Bream Bay Community Trust in Takutai Place,
Ruakaka this Saturday 10 July from 9am to 12
noon – the first day of the school holidays
People are invited to bring along clean clothes
or linen in good condition that they no longer
need and, in exchange, pick up items they like
the look of.
If you don't have anything in the clothes or
linen line to exchange you can bring along an
item of canned food to go on the trust's free
food stall but this is not compulsory.
Clothes for toddlers, children and both men
and women have already been bought in.
Tea and coffee will be provided.

THE NEXT PUBLICATION DATE

of the Bream Bay News will be Thursday 22 July
The deadline for all copy is 4pm on
Wednesday 14 July

BREAM BAY SUNDAY
CHURCH SERVICES

Presbyterian Camellia Ave, Ruakaka:
8.45am. The Centre, Waipu: 10.15am.
Prayer Service: 7pm

Encounter 223 Marsden Pt. Rd,
Ruakaka, 10am.

Anglican 1st and 3rd Sundays - St Paul's
Ruakaka 2nd and 4th Sundays -
St Peter's Waipu. All services start at
9.30am.

Catholic Holy Family Church,
Ruakaka, 10.30am. Mass or Liturgy of
the Word

Lifepoint. 300 OTP Rd, 10.30am.

Bream Bay
Community
Support Trust

Takutai Place, Ruakaka Phone 09 432 7197

SERVICES WE PROVIDE:

- Social workers
- Family violence support workers
- Youth services - youth workers
- Youth hang out space
- Schooling - family liaison
- Community Connector
- Driver mentor programme
- Free Kia Ora Ngatiwai medical clinic each
Wednesday 9am - 12noon by appointment
- Free budgeting service by appointment
- 432 7197
- Narcotics Anon Wednesdays 6.30-730pm



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